

Synthesis of Copper(I) Oxide Thin Film Through Potentiostatic Electrodeposition as an Antioxidant Film

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Abstract

Research on metal-based nanoparticles, such as silver, gold, and copper(I) oxide (Cu₂O), has drawn considerable attention due to their potential applications in catalysis, antioxidants, antimicrobials, and anticancer fields. In this study, we successfully deposited Cu₂O antioxidant films on indium tin oxide substrates through potentiostatic electrodeposition. The X-ray diffraction characterization revealed distinct peaks at 20 value of 36.32° , 42.21° , and 61.30° , indicating the crystal structure of Cu₂O thin film. The scanning electron microscopy image showed the three-sided pyramid morphology of Cu₂O particles with average size of 316.18 nm. The energy dispersive X-ray spectrum confirmed the purity of the thin film, which is composed only of Cu and O elements without any impurities. The photoelectrochemical showed that the deposited Cu₂O has a maximum photocurrent density of 8.37 mA/cm^2 under visible light irradiation and 1.40 mA/cm² without irradiation. In addition, this study also found that the highest inhibition values of DPPH (2,2-diphenyl-1-picrylhydrazyl) radicals were observed when ascorbic acid was added.

Keywords: antioxidant, ascorbic acid, Cu₂O nanofilm, electrodeposition

1. Introduction

Free radicals are unstable atoms, molecules, or molecular fragments that undoubtedly cause oxidative stress and harm body cells. This imbalance of oxidation and reduction reactions unquestionably damages human cells and tissues, exacerbating health issues such as degenerative diseases, mutations, and premature aging. Antioxidants protect the skin, eyes, and other bodily tissues by efficiently neutralizing free radicals and lowering oxidative stress [1–4].

Researchers are increasingly interested in materials with high antioxidant content for various applications [5]. One exceptionally promising material is antioxidant film. These films are becoming more popular in biomedical applications due to their biocompatible nature and functional properties. They are used in invasive medical devices, tissue engineering substrates, drug delivery systems, antioxidants, and antimicrobial coatings [6]. These applications demonstrate the diverse role of thin films in advancing biomedical technologies and enhancing healthcare outcomes.

The antioxidant film refers to a thin layer of material, typically ranging from fractions of nanometers to micrometers in thickness, with the potential to act as an antioxidant [7]. This film can be constructed on a substrate, such as Indium Tin Oxide (ITO) and Fluorine-doped Tin Oxide [8]. It can be synthesized using various methods, including physical vapor deposition, chemical vapor deposition, electrodeposition, sol-gel, and atomic layer deposition [7,9].

Electrodeposition stands out for its ability to finely control deposition variables, such as time, temperature, frequency, potential, and pH [10–12]. Furthermore, electrodeposition features low cost, environmentally friendly, easy scale-up, good control in composition, and great flexibility in the substrate compatibility [12]. The

electrodeposition approach is beneficial for synthesizing Cu₂O thin film because it allows for synthesis at room temperature and provides perfect control over the film morphology and surface characteristics [13].

Copper(I) Oxide (Cu₂O) is a p-type semiconductor with a band gap of about 2 eV and is considered a potential material for electronics, solar energy conversion, and catalysis [14,15]. Currently, Cu₂O have been introduced by the US Environmental Protection Agency (EPA) as effective antibacterial agents and used as drug carriers for antioxidant and antimicrobial applications [14,16]. The antioxidant capabilities of Cu₂O depend on their crystal structure, chemical composition, surface charge, particle size, and surface-to-volume ratio [17]. Cu₂O are reported for the treatment of cancer diseases [18], oxidative stress [19], and cardiovascular diseases [14]. Nowadays, the antioxidant potential of copper oxide nanoparticles is being intensively researched by scientists. For example, the synthesized CuO/Cu2O from the leaves of Phoenix dactylifera are reported to have the highest antioxidant activity at a concentration of 6 mM CuSO₄.5H₂O with a value of 65.1 ± 3.1 mg EAA/g (DPPH IC₅₀ = 0.386 mg/mL) [14]. Other research shows that Cu₂O could enhance the antioxidant function in the body of Cu-deficient Kazakh sheep [20] .

Ascorbic acid is one of the strongest antioxidants and can interact with other antioxidant candidates, such as Cu₂O and Au to provide synergistic protective effects [21,22]. It also provides better control for the selfassembly of nanostructures [23]. According to Razaq et. al. [22], the antioxidant activity of gold nanoparticles (G@Glassy Carbon) increased when the concentration of ascorbic acid increased (ranging from 0.0 μ M, 0.37 μ M, 0.57 μ M, 0.94 μ M, 1.50 μ M, 2.26 μ M, 2.83 μ M, 3.77 μ M, 5.66 μ M, 7.54 μ M, 9.43 μ M, 13.2 μ M). Moreover, a sample that didn't add ascorbic acid showed the lowest DPPH (2,2diphenyl-1-picrylhydrazyl) free radical scavenging activity. From these findings, it can be concluded that ascorbic acid could enhance the antioxidant activity of materials [22].

Therefore, this study aims to observe the potential of Cu_2O acting as antioxidant film and determine the enhancement of antioxidant activity by adding ascorbic acid to Cu_2O thin film. This thin film was synthesized on ITO substrate by potentiostatic electrodeposition for 60 min at a constant temperature of 50 °C, potential of -0.3 V vs Ag/AgCl, and pH of 10.

2. Materials and Method

2.1 Materials

The materials used in this research were CuSO₄.5H₂O (Merck), lactic acid 3.0 M (Sigma-Aldrich), ITO, Na₂SO₄ (Merck), NaOH (Merck), 2,2-diphenyl-1-picrylhydrazyl (Sigma Aldrich) and ethanol (Merck, purity 98.0%).

2.2 Electrochemical deposition of Cu₂O thin film

The electrodeposition of Cu₂O thin films is based on previous research [24], with minor modifications. Electrodeposition was conducted using a three-electrode electrochemical cell with a platinum (Pt) wire as a counter electrode, an ITO as a working electrode, and Ag/AgCl as a reference electrode. Before deposition, the ITO substrates were treated by rinsing with ethanol and distilled water three times each to enhance the adhesion of Cu₂O on the ITO surface. Subsequently, the substrate was immersed in a solution containing 0.05 M CuSO₄, 3.0 M lactic acid, and 0.2 M Na₂SO₄. The solution was adjusted to a pH level of 10 using NaOH 10 M. The potential was set at -0.3 V vs Ag/AgCl, and the deposition time was 60 minutes. The solution temperature was maintained at 50 °C using a water bath. After the deposition, the thin film was thoroughly cleaned with distilled water and dried at room temperature [25].

2.3 Cu₂O thin film characterization

The investigation of the Cu₂O@ITO crystallography was carried out using an X-ray diffractometer (XRD, PANalytical AERIS). The resulting diffractogram is further analyzed using the X'Pert HighScore Plus application to determine the crystal structure and phase. Subsequently, scanning electron microscopy equipped with an energy-dispersive X-ray instrument was utilized to examine the surface structure, morphology, and elemental composition of the Cu₂O antioxidant film.

2.4 Electrochemical tests

Electrochemical tests, including photoelectrochemical (PEC) and electrochemical impedance spectroscopy (EIS), were performed using a three-electrode setup. This setup included Pt as the counter electrode, Ag/AgCl as the reference electrode, and ITO as the working electrode. The PEC tests were conducted with and without solar illumination. Each test was performed in the potential range of -1.0 to 1.5 V vs Ag/AgCl at room temperature. The EIS test was conducted at the frequencies ranging from 0.1 Hz to 100 kHz.

2.5 Free radical- scavenging activity test

The DPPH radical scavenging assay is widely used to determine the antiradical activity of materials [26]. In this study, the ability of Cu₂O thin film to scavenge DPPH radicals was measured. The Cu₂O thin film was soaked in an ascorbic acid solution for 60 min, marked Cu₂O-ascorbic acid. Then, Cu₂O, Cu₂O-ascorbic acid, and DPPH solution (as a blank) were placed into separate wells on a microplate and incubated for 210 min. Absorbance was measured every 15 min over a wavelength range of 300-500 nm.

The DPPH assay method involves observing changes in absorbance after the DPPH radical reacts with the sample. The percentage of inhibition was calculated using the following equation (1).

$$\% = \frac{A_0 - A_1}{A_0} \times 100\%(1) \tag{1}$$

where % is the percentage of inhibition, A_0 is the initial absorbance of the DPPH solution, and A_1 is the absorbance of the DPPH solution after reacting with the sample.

3. Results and Discussion

3.1 Mechanism for the growth of Cu₂O thin film

The electrodeposition of Cu₂O comprises two distinct stages. The initial stage of the process involves the reduction of Cu²⁺ ions to Cu⁺ ions (equation 2) and the precipitation of Cu⁺ ions to Cu₂O, which is limited by solubility (equation 3).

$$2Cu^{2+}_{(aq)} + 2e^{-} \rightarrow 2Cu^{+}_{(aq)}$$
 (2)

$$2Cu^{+}_{(aq)} + 2OH^{-}_{(aq)} \rightarrow Cu_{2}O_{(s)} + H_{2}O_{(l)}$$
(3)

overall reaction:

$$2Cu^{2+}{}_{(aq)} + 2OH^{-}_{(aq)} + 2e^{-} \rightarrow Cu_2O_{(s)} + H_2O_{(l)}$$
(4)

3.2 Morphology, composition, and structural analysis of Cu₂O thin film

To determine the structural state of the Cu₂O thin film, x-ray diffraction XRD was employed for characterization. The XRD characterization used a Cu-K-alpha1 radiation source (λ = 1.540598 Å) with a potential of 40 kV and a current of 15 mA.

Based on Fig. 1 of the XRD data, the observed peaks at $2\theta = 36.32^{\circ}$, 42.21° , 61.30° , and 73.46° correspond to the crystalline planes of (111), (200), (220), and (311), respectively confirming that the thin film consists of the Cu₂O cubic phase (JCPDS No. 05-0667) [35]. This finding is consistent with the research by Bandara et. al. [24], Laidoudi et. al. [25], Rahal et. al. [27], and Zhao et. al. [28],

who reported similar diffraction peaks corresponding to the crystallographic planes of (11 1), (200), (220), and



Figure 1. XRD pattern of electrodeposited Cu₂O thin film on ITO substrate at a potential -0.3 V vs Ag/AgCl.

The (111) crystallographic plane is dominant in the acquired Cu₂O thin film and is influenced by ITO's conductivity, which promotes a uniform electric field, favorable nucleation, and growth conditions that align with the energetically preferred (111) orientation [24]. Additionally, the XRD patterns indicate that the Cu₂O thin film is of a single phase with a preferred orientation along the (111) plane.

Thin films of Cu₂O that grow significantly at the (111) plane appear as three-sided pyramids or cubes, with (200) planes forming many of the lateral faces. The three-sided pyramid structure of Cu₂O thin films can be attributed to the preferred crystal orientation plane at (111) [29]. Furthermore, the three-sided pyramid surface morphology of Cu₂O thin film has been previously demonstrated [30].



Figure 2. SEM image of electrodeposited Cu_2O thin film on ITO substrate at a potential -0.3 V vs Ag/AgCl.

Figure 2 illustrates the surface morphology of the Cu_2O thin film deposited on the ITO substrate at a potential of -0.3 V vs Ag/AgCl. As illustrated in the Fig. 2, the deposited Cu₂O exhibits a three-sided pyramidal morphology that agglomerates on the ITO surface. An analysis of the SEM image using ImageJ software revealed that the average size of the Cu₂O particles is 316.18 nm, which is smaller than the result reported by Taher et. al. [31], who observed an average particle size of approximately 500 nm.

Furthermore, Fig. 2 illustrates that the Cu₂O thin film exhibits a brick-red (reddish-brown) coloration. This result aligns with previous research, where the Cu₂O thin film synthesized by Farhad et. al. [32] in 0.2 M CuSO₄ and 3 M lactic acid with a pH approximately of 9.5 and potential of -0.3 V displays a reddish-brownish color on the substrate.



Figure 3. EDX spectrum of electrodeposited Cu₂O thin film on ITO substrate at a potential -0.3 V vs Ag/AgCl.

The composition of the Cu₂O thin film was analyzed using SEM-EDX instrument. The obtained EDX spectrum Fig. 3 confirms that the thin film contains only Cu and O elements, without any impurities. The atomic and weight ratio percentages of Cu and O elements are presented in Table 1. The deposition process on the ITO resulted in an approximate 2:1 atomic ratio of Cu to O, indicating the successful formation of the Cu₂O thin film.

Table 1. Chemical of	composition of the	electrodeposited Cu ₂ O.
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Element	Measurement		
	Weight%	Atomic%	
Cu	89.24	67.61	
0	10.76	32.39	

3.3 Electrochemical properties

The PEC test was used to investigate the photoelectrochemical response of the electrodeposited Cu₂O, providing information about the charge carriers [33]. In the PEC test, Cu₂O was irradiated with visible light to trigger a photochemical reaction on the surface [34]. Figure 4 shows the relationship between the potential electrode and photocurrent density. According to the PEC results, Cu₂O has a maximum photocurrent density of 8.37 mA/cm² at 0.40 V vs. Ag/AgCl under visible light irradiation

and 1.40 mA/cm² at 0.34 V vs Ag/AgCl without visible light irradiation. These findings demonstrate that Cu_2O may generate significant photocurrent in a luminous environment, implying that it can absorb visible light. This result aligns with the literature, which states that all copper oxide semiconductors generate photocurrent when illuminated with visible light [34].



Figure 4. The curves of electrodeposited Cu_2O thin film with and without visible light irradiation in 0.5 M Na_2SO4 solution.

When Cu_2O was illuminated with visible light, all the open circuit potential (OCP) shifted to more positive because of the sudden creation of elerctron/hole pairs on the semiconductors (Cu_2O). The positive shift of all the OCP reveals the p-type nature Cu_2O [34]. The p-type semiconductors, like Cu_2O act as photocathodes and consequently hydrogen is generated at p-type semiconductor photocathodes (equation 5) and oxygen is also generated at the counter electrode (equation 6).

$$4H_{(aq)}^{+} + 4e^{-} \to 2H_{2(g)}$$
(5)

$$2H_2O_{(l)} + 4H_{(aq)}^+ \to O_{2(g)} + 4H_{(aq)}^+$$
(6)

EIS measurement was used to evaluate the charge transfer resistance (R_{ct}) on the surface of the Cu₂O thin film. The R_{ct} value is associated with the working electrode in the system and provides information about the resistance occurring at the Cu₂O interface towards the electrolyte or its surrounding environment [35]. EIS generates a Nyquist plot, which can be used to analyze the impedance of Cu₂O [25]. Figure 5 shows a Nyquist plot between a real impedance (Z') and an imaginary impedance (Z'') for Cu₂O thin film. The resistance of Cu₂O is represented by the small half-circle of the Nyquist plot [26].

The parallel R-C curve model was employed to analyze the experimental data, which yielded an $R_{\rm ct}$ value of 72.42 Ω and a solution resistance value of 18.56 Ω . These findings demonstrate a superior $R_{\rm ct}$ compared to the study by Athariq et. al. [36], which reported an R_{ct} of approximately 2500 Ω .

In Fig. 5, the Nyquist plot illustrates low R_{ct} values. The lower R_{ct} value indicates that the charge can be transferred more easily between the electrode and the electrolyte [26], which means high electrical conductivity. Cu₂O has semiconductor properties that actively contribute to the electron transfer process, which can accelerate the reaction mechanism. The lower resistance at the electrode surface means the charge can move faster, which makes the reaction more efficient. In conclusion, the combination of low R_{ct} values and the semiconductor nature of Cu₂O significantly influences the effectiveness of the reactions studied in this research.

The PEC test results indicate that Cu_2O thin films are efficient at transferring electrons due to their high photocurrent density, suggesting more effective electron transfer reactions [37]. In addition, the EIS test results show that Cu_2O thin films facilitate electron transfer easily as they have low R_{ct} values, contributing to improved electron transfer [38]. These findings reveal that Cu_2O thin films possess favorable electrochemical properties, enabling them to develop a charged surface.



Figure 5. The Nyquist plot of Cu_2O thin film in 0.5 M Na_2SO4 solution under visible light irradiation.

The surface charge of Cu₂O thin films significantly impacts their antioxidant properties by directing the electrostatic interactions between the nanoparticles and the biological environment [39]. A favorable surface charge can bolster the ability of the nanoparticles to neutralize free radicals, aiding in neutralizing their reactive properties [40]. Thus, the surface charge of Cu₂O nanoparticles plays a crucial role in their antioxidant activity.

Their particle morphology can influence the electrochemical properties of Cu₂O thin films. The pyramidal shape of Cu₂O nanoparticles from this study

demonstrates better performance than the cubical shape obtained in the previous study [36]. The size of Cu_2O nanoparticles also affects their electrochemical performance [39]. Smaller particles generally exhibit a higher surface-to-volume ratio, which enhances their electrochemical reactivity by providing more active sites for electron transfer [41].

3.4 Antioxidant activity test

DPPH assay is a method that has been generally used as a measure to evaluate free radical scavenging activities in antioxidant analysis [26]. The principle of this method is based on the color change of the DPPH reagent. When the antioxidant compound reacts with DPPH, a proton transfer process (hydrogen atoms) occurs to stabilize the DPPH free radicals. This reaction causes the color of the system to change from purple to pale yellow. The more hydrogen atoms (H) are donated, DPPH color fades to a pale yellow [26–28].



Figure 6. Percent inhibition as DPPH free radical scavenging activity of Cu_2O and Cu_2O -ascorbic acid.

Based on the data from Table 2 and Fig. 6, immersing the Cu₂O thin films in an ascorbic acid solution enhances its DPPH free radical scavenging activity. Furthermore, the increasing inhibition values over time indicate that the transfer of protons between Cu₂O nanoparticles and DPPH radicals is more effective with longer interaction times [3]. Figure 7 is the presumed mechanism for reducing DPPH free radicals by Cu₂O nanoparticles.



Figure 7. A plausible mechanism of reducing DPPH free radicals by CU₂O nanoparticles.

From Table 2, the data show that the highest inhibition percentages were observed at 66.93% for Cu₂O-ascorbic acid and 51.55% for Cu₂O at 210 min. Moreover, the excellent antioxidant activity of the Cu₂O thin film is also influenced by its size, which is 316.18 nm or 0.316 μ m. These findings were consistent with previous literature, which states that smaller particles exhibit better antioxidant activity [42].

Table 2. Inhibition percentage of Cu_2O -ascorbic acid and Cu_2O after 210 minutes of incubation.

Time	%Inhibition		
(minutes)	Cu ₂ O - ascorbic Acid	Cu ₂ O	
15	6.51%	2.18%	
30	14.63%	9.82%	
45	22.70%	16.05%	
60	29.10%	20.81%	
75	34.99%	25.13%	
90	39.73%	28.60%	
105	44.26%	31.80%	
120	48.29%	35.18%	
135	51.98%	38.03%	
150	55.39%	40.91%	
165	58.63%	43.58%	
180	61.63%	46.30%	
195	64.37%	49.01%	
210	66.93%	51.55%	

To understand the bonding of ascorbic acid to the surface of Cu_2O after immersion, we can analyze the interactions in the process [43]. Ascorbic acid, with its hydroxyl (-OH) and carbonyl (C=O) functional groups, has the potential to interact with the Cu_2O surface through various mechanisms. It has been observed that many of the organic inhibitors, such as ascorbic acid, act by adsorption on the metal surface via negatively charged center, where its property is believed to be related to the polar groups and/or π -electrons [43].

The previous study, Güray Kılınççeker & Sema Çelik [43] have been reported that after immersing the electrodeposited Cu₂O-CuO thin film at the ascorbic acid solution $(1.0 \times 10^{-4} \text{ M})$, the ascorbate ions $(C_6H_7O_6^{-})$ adsorption on the film and enhanced the protection efficiency against corrosion. Therefore, ascorbic acid is considered as an oxide phase inhibitor. Furthermore, they also mention that the chemical interaction between the metal surface of Cu₂O and the ascorbic acid followed by the removal of water molecules from the surface turns to be chemisorptions. Four types of ascorbic acid adsorption may take place at the metal interface: (a) electrostatic attraction between charged molecules and the charged metal, (b) interaction of π -electrons with the metal, (c) interaction of unshared electron pairs in the molecule with the metal, and (d) a combination of the above [43].



Figure 8. Illustration of interaction between Cu_2O nanoparticles and ascorbic acid.

The phenomenon is influenced by the nature and surface charge of the metal, the type of aggressive medium, and the chemical structure of ascorbic acid. A partial transfer of electrons from ascorbic acid directly to the vacant d orbitals present in the copper atoms can be viewed as a coordinative type of bond.

4. Conclusion

The electrodeposition method successfully synthesizes Cu₂O thin films on an ITO substrate at 50°C under alkaline conditions, demonstrating potential applications for the preparation of antioxidant films which its antioxidant activity can be enhanced by adding ascorbic acid. The deposited Cu₂O exhibits a three-sided pyramidal morphology. In particular, the PEC test shows that Cu₂O can generate a photocurrent up to 8.37 mA/cm² at 0.40 V under visible light irradiation. In addition, the EIS test shows the formation of Nyquist plots and the low *R*_{ct} of 72.42 Ω . The DPPH test shows that Cu₂O-ascorbic acid achieved 66.93% inhibition after 210 min of incubation, surpassing Cu₂O, which showed only 51.55% inhibition.

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